

Lisa
01.09.2026 nr 3.1-3/26/30
juurde

Lisa 3. Estonian Defence Forces Championship in XXVII General Johan Laidoner Olympic Relay-run.

1. **Purpose:** To the memory of General Johan Laidoner and the Olympic Ideal dedicated relay-run is called to create a spiritual connection between the past and present generations. Try to test his athletic ability and willpower and find out the best team in Estonian Defence Forces.
2. **Time and place:** 24.09.2026 Viimsi, Estonian War Museum- General Laidoner Museum.
13.30–14.00 registration
14.15 opening ceremony
15.00 competition start
16.00 prize giving ceremony
3. **Registration:**
 - 3.1. Request to participate please inform Estonian unit POC or Estonian unit sport instructor before 18th of September 2025.
 - 3.2. Composition of the teams (names) please send to Estonian unit POC or Estonian unit sport instructor mikk.sarik@mil.ee before 22th of September.
4. **Participants:**
 - 4.1. Estonian Defence Forces, Estonian Defence League and allied troops units.
 - 4.2. Each unit may register an unlimited number of teams.
 - 4.3. The best team of the category is taken into account.
5. **Regulations:**
 - 5.1. **Regular category.** Team consists eight members. Distance is ca 6 km, the length of the exchange is ca 650-750 meters.
 - 5.2. **Mixed team's category.** Team consists six members. Team members are four male athletes (born before 1991) and two female athletes. Distance is ca 4,5 km, the length of the exchange is ca 650-750 meters.
6. **Regulation of results:**
 - 6.1. According to the running results in their own group (regular or mixed teams).
 - 6.2. In the team competition, best results in both competition category will be counted and the team with the biggest sum of points will be the winner.
 - 6.3. If these points are equal, a team with higher place in regular category will be the winner.

	1. place	2. place	3. place	4. place	5. place	6. place	7. place	8. place	9. place	10. place
Overall and mixed teams	750p	700p	650p	600p	550p	500p	450p	400p	350p	300p
	11. place	12. place	13. place	14. place	15. place					
Overall and mixed teams	250p	200p	150p	100p	50p					

7. **Prize Distribution:**
 - 7.1. Three best teams in each category (regular and mixed teams) will be awarded with medals.
 - 7.2. The winning teams in Estonian Defence Forces category (EDF units) will be awarded with t-shirt of Defence Forces Master.
 - 7.3. Overall winner unit will be awarded with trophy.

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